

<b>Report to</b>	Southern Wiltshire Area Board
<b>Date of Meeting</b>	26/05/2016
<b>Title of Report</b>	Health & Wellbeing Group in Southern Wiltshire

## 1. Introduction and background

Southern Wiltshire Area Board's theme for 2015/16 was older people and our first initiative as part of this work has been to set up initiatives around dementia, setting a target to get 100 new dementia friends established in the area.

This has put us in a good position to progress Wiltshire Council's initiative of setting up a Health & Wellbeing Group focusing on the needs of vulnerable people in our area.

## 2. About Health and Wellbeing Groups (HWB)

Health and Wellbeing Groups are intended to provide a local forum to facilitate joined-up services for older people living within a community area. They ensure the views of local older people are represented at the Area Board. They will focus on working with community commissioners to identify the needs of a local population and support the development of services to meet those needs.

Terms of Reference for these groups have been drafted, but Area Boards are encouraged to adapt them to reflect their own plans for meeting these needs in their area.

It is anticipated the groups will identify how best to co-ordinate support for vulnerable people in their area in a way that that is more inclusive than the current good neighbour service and makes best use of the existing community capacity.

To this end an informal exploratory meeting has been held.

## 3. Southern Wiltshire Health & Well-being forum – 4 May 2016

### Attendees:

Richard Britton (Wiltshire Councillor)

Tom Bray (Community Engagement Manager)

Mick Brown (Winterslow PC)

Michelle Sheppard (Financial advice long term care, life planning)

Sue Wight (Age UK trustee, Laverstock resident)

Andrew Day (Alzheimer's society)

Jan Tidd (Farleys Malone Community)

Jane Brentor (Downton PC)

As this was an introductory meeting we had no agenda, so the notes have been written under heading that emerged from the lively and wide-ranging discussion on the night.

- **Terms of reference:**

The Area Board's theme has a clear focus on older people but to better reflect

the Health & Wellbeing banner, this scope should be broadened to:

Older people, vulnerable, disabled and carers

- **Issues & Gaps:**

The meeting identified some of the issues that need addressing in southern Wiltshire:

- Vulnerable/disabled people between 40 – 60 years of age
- Social isolation
- Transport
- Obesity
- Lack of opportunities to take part in physical activities

- **Projects:**

We would like to identify a few projects that we can develop, pilot and support their take up by individual communities in the same way the Board's dementia project has been progressed.

Project ideas aimed at addressing the issues were discussed:

- Intergenerational projects, getting young people to help older people
- Village forums – Winterslow have set up their own Health and Wellbeing Forum to look to address the needs of people in the village.
- Encourage/challenge clubs and societies to engage with target groups eg. Bowls club to set up team for disabled
- Community lunches at community venue such as pubs/village halls or even primary schools
- Continue with work on dementia
- [Safe Places](#) – Downton is looking to get this off the ground, but could we get all village shops signed up?
- Link initiatives to national campaigns like Dementia Awareness Week
- Community transport
- Digital literacy project (linked to intergenerational projects) – Trafalgar School interested in working with us on this, more to follow.

**Recommendation:** That the scope of the Area Board's theme be widened to include: Older people, vulnerable, disabled and carers.

No unpublished documents have been relied upon in the preparation of this report

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